

14<sup>th</sup> July - 31<sup>st</sup> July, 2024

## CHIEF EXECUTIVE OFFICER'S MESSAGE



**W**elcome to the July edition of the InfoDesk Bulletin! In this issue, we are excited to share some impactful stories that have shaped our College this past month. July was a time of immense progress and achievement for us.

We continued with our staff induction program following the successful recruitment of close to 600 new employees who joined the College in recent weeks.

This massive recruitment is a shot in the arm and comes at an opportune time when we are producing one of the largest human resources for the health workforce in our history.

Last year alone, we released over 22,000 graduates who joined the health workforce in the country and worldwide. With the recruitment of staff, we have enriched our human

resources, thereby, empowering us to advance our training agenda with renewed strength.

I want to take this early opportunity to thank H.E. President Dr. William Ruto for allocating resources towards the recruitment of staff. Indeed, we are very grateful!

In other key developments, President Ruto officially unveiled the new Marimanti Campus, marking another milestone in our expansion efforts.

We are also proud to celebrate the nomination of Dr. Deborah Mulongo Barasa as the Cabinet Secretary for Health. The KMTC community sends warm congratulations to Dr. Barasa on this well-deserved honor.

Furthermore, our College made strides in digital transformation, as I was honored with the bronze award at the 2024 Digitally Fit Awards Ceremony. This recognition highlights our commitment to leveraging technology for enhanced service delivery.

Finally, we are excited to announce that KMTC has been accredited by the Nursing Council of Kenya as a Continuing Professional Development (CPD) provider, a significant advancement in our contribution to global nursing education.

We have an abundance of incredible news to share with you, far more than I can cover in this message. We hope you find this edition both informative and inspiring as we continue to drive excellence in health education and training.

## CORE STATEMENTS

### VISION:

A globally competitive institution for training human resource for health.

### MISSION:

To develop fit-for-purpose middle-level health professionals through transformative training, research, and consultancy.

### CORE VALUES:

Accountability, Integrity, Responsiveness, Equity, Teamwork, Professionalism, Creativity and innovation.

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## CORPORATE UPDATES

# President Ruto Commissions Marimanti Campus, Pledges Kshs. 30 Million for Hostels to Boost Health Training



**H.E. President Dr. William Ruto unveils KMTC Marimanti Campus.**

In alignment with KMTC's vision of being a competitive institution for training human resources for health, H.E. President Dr. William Ruto unveiled the Kenya Medical Training College Marimanti Campus in Tharaka Nithi County on July 25, 2024. The President was accompanied by his Deputy, H.E. Rigathi Gachagua, and a host of other leaders.

During the occasion, the President congratulated the area Member of Parliament Hon. Murugura Gitonga for allocating resources towards construction of the campus. He emphasized the government's commitment to ensuring that healthcare workers are adequately trained to deliver the country's Universal Health Coverage (UHC) agenda. "We want to make health universally accessible to all Kenyans. That is why we have changed the law to underpin UHC," he noted. President Ruto also pledged an additional Kshs. 30 million for the construction of hostels.

Present at the event were Interior CS nominee Kithure Kindiki, Governor Muthomi Njuki, and MPs Patrick Munene (Chuka Igamba Ng'ombe) and Mpuru Aburi (Tigania East), among other leaders.

Earlier, KMTC Board Chairperson Mr. Joseah K. Cheruiyot



**H.E. President Dr. William Ruto shares a moment with the KMTC Board Chairperson Mr. Joseah K. Cheruiyot during the function.**

ot, addressing students of the Chuka and Meru Campuses, pledged to continue providing resources to expand the College's facilities for quality training. He challenged students to maintain discipline, noting that the College leadership is committed to meeting their academic needs. Mr. Cheruiyot was accompanied by Board Directors Ms. Hardlyne Lusui and Ms. Eunice Karanja.

CEO Dr. Kelly Oluoch encouraged students to utilize the opportunities presented to them to study and excel in their careers. He highlighted that KMTC graduates are highly sought after in the job market and urged students to take advantage of the opportunity to access local and international jobs.

# KMTC Congratulates Health CS Nominee Dr. Deborah Barasa



**T**he KMTC Board of Directors, Management, Staff and Students extend heartfelt congratulations to Dr. Deborah Mlango Barasa on her nomination as the Cabinet Secretary for Health. We warmly welcome her to the dutiful responsibility of ensuring quality healthcare systems for all Kenyans.

Dr. Barasa, an infectious disease expert with over 18 years of experience in the healthcare industry and health programs, currently serves as an Internal Medicine Physician and Infectious Disease Expert at the World Health Organization. She is dedicated to establishing sustainable programs in Eastern and Southern Africa, supporting member states in developing and implementing national action plans, and offering technical guidance on global policies and guidelines.

Her core competencies include Internal Medicine/Infectious Disease, as well as communicable and non-communicable disease prevention and control for both clinical cases and public health programs. Upon successful vetting and approval by the National Assembly, Dr. Barasa will succeed former Health CS Susan Nakhumicha.

In alignment with KMTC's Mission to develop fit-for-purpose human resource for health through transformative training, research and consultancy, KMTC is confident that Dr. Barasa will make significant contributions to the health sector. Congratulations, Dr. Barasa.

## Principal Secretary Mary Muthoni to Officially Open the 14<sup>th</sup> Edition of the KMTC National Sports Competition

The 14<sup>th</sup> Edition of the Kenya Medical Training College (KMTC) National Sports Competition will be officially inaugurated by the Principal Secretary of the State Department of Public Health and Professional Standards Mary Muthoni. The event, scheduled from July 29<sup>th</sup> to August 2<sup>nd</sup>, 2024, in Kisumu, will gather students from various KMTC campuses nationwide.





The presence of PS Mary Muthoni at the opening ceremony holds deep significance for the KMTC community. As a leader committed to public health and professional standards, her participation underscores the critical role of sports and physical well-being in the holistic training of future healthcare professionals. The competition will not only showcase athletic talent but also serve as a platform to address the comprehensive development of students, preparing them for the challenges of the healthcare workforce.

Her endorsement reflects the government's support for initiatives that balance academic excellence with physical and mental fitness, fostering a well-rounded approach to student development.

This year's competition, set to take place at the renowned Moi Stadium in Kisumu, will feature teams that advanced from the Zonal Sports events held in April 2024. With over 2,000 students participating, the event will include a wide

range of sports disciplines, from athletics to ball games and indoor competitions. It aims to promote camaraderie and unity among students from diverse backgrounds, beyond their academic pursuits.

Building on the success of the 13<sup>th</sup> National Sports Competition held in Nakuru County in August 2023, this year's edition is expected to be more than a series of sporting events. It will celebrate excellence, teamwork, and the enduring spirit of unity within the KMTC community. As the competition unfolds, it will highlight the athletic abilities of KMTC students while reaffirming the institution's commitment to nurturing healthcare professionals who embody values such as discipline, resilience, and unity.

As KMTC continues to expand its reach and influence across Kenya, the National Sports Competition remains a cornerstone of its dedication to comprehensive student development.



## Q & A with the CEO Dr. Kelly Oluoch

### Q1: What inspired you to pursue a career in health education?

**A:** My passion for science and medicine, particularly in pharmacy, led me to pursue a career in health. As I practiced pharmacy, I realized the significant challenges faced by developing countries like ours, particularly in pharmaceutical manufacturing. This realization fueled my desire to contribute to health education, enabling me to pass on my knowledge and passion to students who would become future health workers. Over time, this led me to pursue strategic management, which has been instrumental in steering an institution like KMTC towards competitiveness and excellence.

### Q2: Can you describe a significant challenge you overcame at KMTC?

**A:** One of the primary challenges was improving the quality of training. It was essential to elevate KMTC to be the best mid-level institution for training healthcare professionals and to meet the human resource needs of the Ministry of Health. Student financing was another major issue, with many students dropping out due to financial constraints. Through collaboration with stakeholders, we secured funding to support needy students, reducing dropout rates. Additionally, infrastructural challenges and staff shortages posed significant risks, but we've made progress through resource mobilization and recruitment efforts.

**Q3: How do you approach decision-making in times of uncertainty?**

**A:** Decision-making in uncertainty requires a deep understanding of the environment, continuous self-education, and stakeholder engagement. We align our decisions with the institution's core values, strategic direction, and consult with relevant government bodies to ensure that our actions are in the best interest of the institution.

**Q4: What is one piece of advice you wish you had received earlier in your career?**

**A:** Adopting a positive attitude is crucial for success. Continuous self-improvement is also essential, given the ever-changing and complex world we live in. Adaptability, particularly in the context of the knowledge economy, is another key lesson I've learned-staying current with advancements in AI, big data, and technology is vital for career growth.

**Q5: What excites you most about the future of KMTC and its role in healthcare?**

**A:** I am most excited about KMTC's ability to produce quality healthcare workers who can secure jobs both locally and internationally. Our expanded mandate in research, and consultancy enables us to predict and address future challenges, ensuring that we remain adaptable and responsive to the needs of our stakeholders.

**Q6: What do you find most rewarding about being the CEO?**

**A:** The most rewarding aspect of being the CEO is the ability to change the lives of young Kenyans. Providing hope, supporting their careers, and ensuring they graduate and join the health force is really fulfilling.

**Q7: What advice would you give to students and employees aiming to advance their careers?**

**A:** Compassion is key in the healthcare profession, as it involves touching the lives of patients. Competence is equally important, and continuous learning should be a priority for both students and staff. Students should maximize their time at KMTC by networking and learning as much as possible during their attachments.

**Q8: How do you balance professional responsibilities with your personal life?**

**A:** Balancing professional and personal life is critical. I dedicate time each day to personal health, family, and self-improvement. Networking and participating in community activities are also important aspects of my life.

**Q9: What are your long-term goals for KMTC and its impact on healthcare?**

**A:** My long-term goal is for KMTC to become a globally competitive institution in training human resources for health. This requires us to focus on quality training, digital transformation, research, consultancy, and sustainability.

**Q10: Can you share a story about a mentor who significantly influenced your career?**

**A:** Time management and goal setting are lessons I've learned from my mentors. Procrastination is the enemy of progress, and it's essential to set goals and follow through with dedication and excellence.

**Q11: How do you promote innovation and continuous improvement at KMTC?**

**A:** KMTC is ISO Certified, which emphasizes continuous improvement. We evaluate our processes regularly, encourage staff to engage in research, and provide them with opportunities to express their ideas. This approach nurtures innovation and ensures that we continuously improve our systems.

**Q12: What strategies do you use to stay connected with students and employees?**

**A:** Regular communication through stakeholder engagement, staff meetings, Campus visits, social media, and maintaining an open-door policy, are some of the strategies I use to stay connected with students and employees. Engaging in activities like sports also provides opportunities for interaction.

# Board of Directors and Management Review Performance Contract Implementation and Policies



**KMTCC Chairperson Mr. Joseah K. Cheruiyot (centre) with Board Directors and Management team during the meeting.**

**T**he Board of Directors and the Management team convened to discuss the status of the implementation of the 2023/2024 Performance Contract (PC).

During the meeting the Board Chairperson Mr. Joseah Cheruiyot commended the Management team for maintaining exceptional performance over the last five years. He acknowledged the significant progress made in meeting the PC targets and improving service delivery within the College.

Performance Contracting was adopted by the Kenyan Government in 2003 as a key accountability framework to enhance service delivery in the public sector. This initiative is part of broader public sector reforms aimed at improving efficiency and effectiveness in managing public services.

The Board of Directors led by the Chairperson, play a crucial role in the performance contracting process, including target setting, negotiations, vetting, performance monitoring, reporting, and annual performance evaluation. Their oversight ensures that the College meets its goals and upholds accountability.

The Management team led by the Chief Executive Officer is responsible for identifying performance indicators and targets, negotiating the PC for the College in consultation with the Board of Directors, overseeing the cascading of PC targets, monitoring and reporting progress, as well as conducting annual performance evaluation.

In addition to reviewing the Performance Contract implementation, the team also reviewed key draft institutional governance documents. These include the Project Coordination Policy, Secondment Policy, Cost Allocation & Saving Policy, Risk Management Policy, Grants and Sub-Award Policy Manual, and the Risk Framework. These reviews are essential to ensure that KMTCC's governance structures are robust and aligned with best practices.

## National Council Licensure Examination for Registered Nurses (NCLEX-RN) Center: Advancing KMTCC's Vision of Global Competitiveness



**PS State Department for Diaspora Affairs, Ms. Roseline Njogu (center), alongside Ag. Director of Skills and Enterprise Division Ms. Irene Karari (left), KMTCC CEO Dr Kelly Oluoch 2<sup>nd</sup> right, Principal of Mathari Campus Ms. Florence Maina (right) and Ms. Linet Makazi (2<sup>nd</sup> left).**

**T**he Principal Secretary of the State Department for Diaspora Affairs, Ms. Roseline Njogu, inspected the National Council Licensure Examination for Registered Nurses (NCLEX-RN) Pearson Professional Center in Nairobi on July 23, 2024. Officially opened in January, the center provides registered nurse graduates aspiring to work in the United States the opportunity to sit for the NCLEX-RN, a requirement for their employment.

In her remarks, PS Njogu highlighted the government's commitment to creating local and international job op-



portunities for youth. She emphasized the importance of supporting Kenyans to find online digital jobs and opportunities abroad, allowing them to share their talents globally as nurses, occupational therapists, doctors, or cleaners. The Department has been hosting diaspora job fairs across the country, enabling Kenyans to engage with the government and recruiters to learn about job opportunities abroad and the necessary processes.

PS Njogu also announced that the State Department for Diaspora Affairs has a dedicated placement agency for Kenyans seeking jobs abroad. “We have developed seasonal programs in the United Kingdom’s agricultural sector and are exploring more. Currently, 19 bilateral labor agreements are under negotiation, with the Ministry of Labor leading these efforts,” she said.

KMTC CEO Dr. Kelly Oluoch noted that the College graduates over 9,350 nurses every year, and the opening of such a center in Kenya fulfills a promise for its nursing stu-

dents aspiring to work abroad. “We expect this center will examine at least 23 examinees per session, meaning 46 per day, which translates to more opportunities for our students abroad,” he said. “We are thankful to the Diaspora Department and H.E. President Dr. William Ruto for enabling this vision. We also appreciate our partners who made the center possible.”

Dr. Oluoch announced that the College will add 18 more campuses to offer nursing courses. “This will significantly increase the number of students examined at this center and expand their post-graduation opportunities, both locally and internationally, helping us achieve our vision,” he said. The College has introduced a short course to help nurses prepare for and pass the NCLEX exams, reflecting KMTC’s mission to produce competent health professionals and its commitment to excellence in training.

## KMTC’s Global Competitiveness in Health Training Recognized



**KMTC CEO Dr. Kelly Oluoch (2<sup>nd</sup> right) receives an award from e-citizen founder Mr. James Ayugi. The CEO was accompanied by KMTC staff members Dr. Caleb Mutua (left) and Ms. Linet Makazi (2<sup>nd</sup> left). The Award Gala Dinner was held at Safari Park Hotel.**

KMTC CEO Dr. Kelly Oluoch was honored as the Person of the Year at the 2024 Digitally Fit Awards Ceremony. The event, themed "Champions of Digital Transformation," celebrated Dr. Oluoch's achievement with the bronze award, highlighting individuals and organizations leveraging digital technologies to enhance service delivery.

This recognition comes at a time when KMTC is actively integrating digital services across multiple platforms. Initiatives such as the introduction of the USSD code are part of KMTC's broader strategy to advance service delivery and streamline operations through technological innovation.

These efforts are in line with KMTC's vision of becoming a globally competitive institution for training human resources in health.

KMTC's ongoing commitment to embracing technological advancements and innovative practices underscores its dedication to excellence in health training. Dr. Oluoch's recognition at the Digitally Fit Awards is a testament to KMTC's leadership in digital transformation within the health education sector.

The award ceremony was held on 19<sup>th</sup> July, 2024 at Safari Park Hotel, Nairobi.

## Dr. Nyawira Mwangi Takes Center Stage at African Ophthalmology Congress, Showcasing Excellence in Eye Care Training



**Deputy Director Academics Dr. Nyawira Mwangi.**

**R**epresented by KMTCC Deputy Director Academic, Dr. Nyawira Mwangi, KMTCC was recognized and honored at the African Ophthalmology Congress in Kigali, Rwanda on July 29, 2024. As an invited faculty member of the council, Dr. Nyawira delivered a high-impact address on KMTCC's training for ophthalmic clinical officers, nurses, and optometrists. She also participated in a high-level panel discussion on health professions education in ophthalmology.

Her presentation highlighted KMTCC's focus on fit-for-purpose, patient-centered care, and digital transformation. At the congress, Dr. Nyawira was also invited to provide expertise to the global Sickle-cell Retinopathy Network.

The African Ophthalmology Congress is the continent's leading event for eye health experts, fostering knowledge sharing and collaboration. It was opened by Rwanda's Minister for Health, Dr. Sabin Nsanzimana.

In his remarks, KMTCC CEO Dr. Kelly Oluoch congratulated Dr. Mwangi, noting that her appointment demonstrates that KMTCC's role in training a highly skilled workforce to address eye care is recognized worldwide. He highlighted that KMTCC offers various courses on eye care, including Optometry, Ophthalmology and Cataract Surgery. He emphasized that this selection provides an excellent opportunity for KMTCC to showcase its training expertise on a global stage.

## KMTCC Achieves Major Milestone With CPD Accreditation: A Commitment to Excellence and Global Competitiveness

**T**he College has achieved a significant milestone by receiving the Continuing Professional Development (CPD) Providers Certificate from the Nursing Council of Kenya. This accreditation marks a major advancement for the College as it continues to contribute to professional development in the nursing field globally.

The certification was officially handed over during an accreditation validation workshop aimed at popularizing KMTCC courses among key stakeholders. This event, officiated by Director of Nursing at the Ministry of Health Dr. Judith Awinja, brought together KMTCC's CPD accreditation representative committee, led by the Principal of Makindu Campus Dr. Margaret Juma, along with other Heads of Department.



**MoH Director of Nursing Dr. Judith Awinja (left), KMTCC Dr. Margaret Juma (center), and Dr. Jebichi Maswan.**

Critical stakeholders in attendance included representatives from Aga Khan University, Liverpool School of Tropical Medicine, Kenya Health Professionals Oversight Authority, National Nurses Association, Nursing Council of Kenya, and the Ministry of Health.

This accreditation, granted after a thorough vetting process by the Nursing Council of Kenya, underscores KMTCC's commitment to high standards in professional development. The College has developed comprehensive CPD programs that meet the stringent requirements of the Nursing Council, ensuring that the curriculum is both relevant and aligned with the latest advancements in the nursing profession.



# From Compounders in 1927 to Global Leaders: KMTC's Journey in Pharmaceutical Excellence

**A**t the Kenya Pharmaceutical Association Annual Scientific Conference held in Mombasa from, 25 - 27 July, 2024 a sense of pride and achievement filled the air as over 13,000 members, policymakers, and practitioners gathered under the theme “50 Years of Pharmaceutical Excellence.” Among the notable speakers was KMTC CEO Dr. Kelly Oluoch, who delivered a keynote address that captured the audience’s imagination and highlighted the College’s journey towards becoming a globally competitive institution for training human resources for health.

Dr. Oluoch’s address was a heartfelt celebration of the evolution of pharmaceutical technologists, tracing their journey from the humble beginnings of KMTC-trained compounders in 1927, to the establishment of diploma programs in 1968 and degree programs in 1978, all under Cap 244. His words painted a vivid picture of KMTC’s ongoing advancements in pharmaceutical education, including the introduction of Clinical Pharmacy in 1989, Renal Pharmacy in 2022, and the establishment of Industrial Pharmacy specialties.

“We have come a long way since our early days,” Dr. Oluoch began, his voice filled with pride. “Our journey from training compounders to producing highly skilled pharmaceutical technologists and specialists reflects KMTC’s dedication to evolving with the healthcare industry’s needs.”

The audience was captivated as Dr. Oluoch emphasized the need for more competent and agile personnel to support the government’s Universal Health Coverage (UHC) agenda. He urged stakeholders to recognize the crucial role of pharmaceutical technologists in primary health care and to uphold the honor and reputation of the profession.

“Pharmaceutical technologists are the backbone of our healthcare system,” Dr. Oluoch stated. “Their expertise and dedication are essential in providing quality care and ensuring the success of UHC.”

Dr. Oluoch also highlighted the role of KMTC in promoting patient-centered care and digital transformation within pharmaceutical education. He underscored that these advancements are essential in preparing graduates to tackle modern healthcare challenges effectively.

“We must continue to innovate and adapt to the changing landscape of healthcare,” Dr. Oluoch remarked. “Our focus on patient-centered care and digital transformation not only enhances the quality of our training but also positions



**CEO Dr. Kelly Oluoch during the Conference.**

our graduates to be leaders in the healthcare industry.”

Dr. Oluoch encouraged the participants by sharing personal stories of KMTC graduates who have gone on to make significant impact in their communities and beyond. He spoke of alumni who have become leaders in healthcare, innovators in pharmaceutical practice, and compassionate caregivers who have touched countless lives.

“These success stories are a testament to KMTC’s commitment to excellence in training,” Dr. Oluoch said. “Our graduates are well-prepared to meet global standards and make a difference in the world.”

In conclusion, Dr. Oluoch expressed gratitude to the Kenya Pharmaceutical Association for providing a platform to showcase KMTC’s achievements and contributions to the pharmaceutical sector. He reiterated KMTC’s commitment to producing competent health professionals and maintaining its status as a globally competitive institution

## STAFF CORNER

# College Inducts Third Cohort of New Staff: Emphasizing Integrity, Professionalism, and Excellence in Health Training



Board Chairperson Mr. Joseah K. Cheruiyot

Following the successful recruitment of new staff members, the College conducted an induction training for the third cohort of the newly recruited staff in Mombasa. The cohort was divided into two groups: the first group underwent training from July 14 to 19, while the second group was trained from July 22 to 26, 2024.

During the induction for the first group, the Board of Directors, led by Board Chairperson Mr. Joseah K. Cheruiyot, warmly welcomed the new employees. The Board emphasized the importance of aligning with KMTC's Vision of being a model institution in training and developing competent health professionals. They highlighted the need for integrity, professionalism, and dedication to service delivery.

In his remarks, CEO Dr. Kelly Oluoch urged the new staff to pursue excellence in quality training, utilize technological advancements for increased efficiency, and engage in research and consultancy to enhance service delivery. He stressed the importance of personal growth and mental health in achieving KMTC's Vision and encouraged adherence to the core values of integrity, teamwork, accountability, professionalism, responsiveness, equity, creativity, and innovation.

Heads of Department and Divisions also provided insights during the induction, focusing on alignment with the College's Vision, Mission, and core values.



A section of cohort three staff during the induction training.



# Summary of Key Highlights of the Induction Training for Cohort 3



CEO, Dr. Kelly Oluoch during the induction training.

“I want to take this opportunity to congratulate each and every one of you who has been appointed as an employee of KMTTC. You have out-competed over 24,000 applicants, and now the real work begins. At KMTTC, we don't have the luxury to relax and simply celebrate our achievements. It's time to roll up our sleeves and start ensuring that KMTTC remains competitive, giving our very best to the College. All of

us are counting on you because we have a bigger load than we had a year ago. With 84 campuses and 5 satellites across the country, we have a tremendous amount of work ahead. Many Kenyans are waiting for us to train them, and countless people depend on this institution for their survival. We must all carry the load of this institution and work tirelessly to produce the best human resources for health in this country.”







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**INDUCTION TRAINING** “ **COHORT 3**

I cannot overemphasize what my colleagues have already expressed about KMTC. My clarion call to you is to adhere to the public sector governance framework, which guides our ethical and operational standards. Uphold strong work ethics, embrace teamwork and collaborate closely with your line supervisors to achieve our shared goals.

**Mrs. Lilian Kemboi**  
Human Resource Manager



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**INDUCTION TRAINING** “ **COHORT 3**

You are a very special team to KMTC, chosen from thousands of applicants, we warmly welcome you to begin this journey with us. You were selected for a reason, and as you embark on this induction, remember to set aside any fears. Support the College wholeheartedly, knowing that your efforts are not just for KMTC, but for the betterment of our entire country.

**Mr. David Ondeng**  
Administration Manager



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**INDUCTION TRAINING** “ **COHORT 3**

As you proceed to your various campuses of deployment, please understand that **procurement** is a highly sensitive function which should be handled with the highest level of professionalism. You may encounter challenges from various sources during execution of your duties. However, it is crucial to uphold the highest standards of integrity, professionalism and respect by holding yourself accountable and adhering to the established Laws and Regulations.

**Dr. Silas Njeru**  
Supply Chain Manager



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**INDUCTION TRAINING** “ **COHORT 3**

Welcome to KMTC, where our collective efforts are crucial in fulfilling our mandate. As newly employed staff, it's essential that each of us carries our weight and does the right thing. Let's work together to build a strong and supportive community at KMTC. Your contributions in resource mobilization and beyond will help us continue to thrive and achieve our goals.

**Mr. Job Nyakada**  
KMTC Manager Partnership and Resource Mobilization



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**INDUCTION TRAINING** “ **COHORT 3**

KMTC's financial management practices have evolved over the years into standard operating procedures designed to improve the proper execution of financial accounting, reporting, budgeting and other related tasks in order to increase the College's efficiency in resource allocation and utilisation.

**CPA, Elijah Muli**  
Finance Manager



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**COHORT 3** “ **TEAM 2**

KMTC is spread across 45 out of the 47 counties in the country. As you join the team, remember that our strength lies in our unified approach to communication, branding and customer care. Through effective communication, cohesive branding, and exceptional customer care service, we can uphold and enhance the reputation and integrity of our institution. I look forward to collaborating with you to achieve our shared objectives and continue our tradition of excellence that KMTC is known for.

**Ma. Marceliah Oronsamu**  
Manager Corporate Communications





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INDUCTION TRAINING “ COHORT 3

Welcome to KMTc. Allow me to emphasise the critical role you play in safeguarding our ICT infrastructure and resources. It is essential that we all leverage on the cyber security policies and resources at our disposal as we endeavour to offer service delivery to our customers.

**Dr. Kenneth Riary**  
ICT Manager

xf@ KMTcOfficial Instagram 2020 www.kmtc.ac.ke



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INDUCTION TRAINING “ COHORT 3

As newly recruited staff, please familiarize yourself with KMTc's terms and conditions of service, as well as the code of conduct and ethics for public officers. Welcome onboard, and should you have any questions, we are available to assist you.

**Mr. Benson Malimwa**  
Ag. Deputy Human Resource Manager

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INDUCTION TRAINING “ COHORT 3

"Welcome to KMTc! As newly recruited employees, I urge you to embrace and comply with our Code of Conduct as your key guiding principles. These standards of integrity, respect, and professionalism are essential to our mission and success. Together, let's uphold these values and contribute to the excellence that defines KMTc."

**Principal Human Resource Management Officer**  
Ms. Pauline Echere

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*Training for Better Health*

INDUCTION TRAINING “ COHORT 3

As part of our expanded team of dedicated staff, your role is essential in enhancing the quality of training. This induction marks the start of your journey in upholding KMTc's high standards of integrity and strict adherence to academic policies, ensuring that each student receives the personalized support they need to succeed both academically and in their future healthcare careers.

**Registrar Academic**  
Mr. Ronald Wainika

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INDUCTION TRAINING “ COHORT 3

"RISK is like fire: If controlled it will help you, if uncontrolled it will rise up and destroy you." -Theodore Roosevelt

**Edwin Gwendu, CPA-K, CFP**  
Risk Management Officer

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*Training for Better Health*

INDUCTION TRAINING “ COHORT 3

"As new members of our team, I urge you to prioritize your safety in every aspect of your work. Remember, your well-being is paramount. KMTc is committed to ensuring a secure and supportive environment for all employees, as safety is the foundation of our success. Together, let's create a safe and thriving workplace."

**Mr. Justus Ndika**  
Security Officer

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## STRATEGIC PARTNERSHIPS

# Advancing KMTC's Vision: Kangema Campus Partners With County Government to Enhance Educational Excellence



**File Photo: H.E President Dr. William Ruto (right), with Kangema Constituency Mp Hon. Kihungi Peter Irungu during the opening of Kangema Campus.**

**A**t the onset of this financial year, Kangema Campus embarked on a mission to foster growth and advance the College's vision of becoming a globally competitive institution for training human resources for health. Through strategic resource mobilization efforts, the Campus has successfully garnered support and forged valuable partnerships.

A significant milestone was achieved when the Campus partnered with the County Government of Murang'a. This collaboration led to notable support from the local authority, reinforcing the Campus's commitment to excellence in training. In a remarkable gesture, the County Government, represented by the CEC Education Mrs Faith Wairimu Njoroge, donated nursing books valued at Kshs. 200,000 KES to the Campus. This donation underscores the county's broader commitment to enhancing educational resources and opportunities for students.

Beyond the material support, Kangema Campus has actively engaged with the community to promote educational advancement. The Campus recently participated in career day activities at Michuki Technical College, where they interacted with students and highlighted the benefits of joining Kangema Campus. These interactions served as a platform to encourage prospective students to pursue their medical training at KMTC, showcasing the institution's dedication to nurturing future healthcare professionals.

The participation in career day events and the strategic partnership with the County Government of Murang'a exemplify Kangema Campus's proactive approach to resource mobilization and community engagement.

## KMTC Homabay Hosts Key Round Table Meeting With Local Leaders to Enhance Collaboration



**From left: KMTC Homa Bay Campus Principal Ms. Florence Oloo, Homa Bay County Woman Representative Hon. Dr. Joyce Atieno Bensouda, MP for Homa Bay Town Hon. Opondo Kaluma, and Pastor Hannington Owino.**

**A** significant round table meeting took place at KMTC Homabay to explore potential collaboration and growth opportunities for the Campus. The meeting was attended by the County Woman Representative, Hon. Dr. Joyce Atieno Bensouda, with the goal of forging a partnership between the Campus and the county government to support strategic initiatives in the College's Strategic Plan.

Hon. Bensouda was accompanied by Homabay Town MP. Hon. Opondo Kaluma. Together, they discussed ways to enhance training at the College, educational opportunities and community development initiatives in the region. This meeting marked a significant step in the collaborative efforts between the Campus and the county government.



# Nairobi Campus Hosts Welwitchia University Delegation to Foster Strategic Collaboration



Seated from L-R: Deputy Principal, Finance and Administration Ms. Caroline Oyugi, Welwitchia Council Chairperson Mrs. Monika Pendukeni, Nairobi campus Principal Mr. Joseph Ahomo, Welwitchia Chancellor Prof. Scholastika N. Lipinge, Vice Chancellor Academic and Research Prof Marius Hedimbi and staff during the visit.

**K**MTC Nairobi Campus welcomed a delegation from Welwitchia University, Namibia, led by Namibia's Council Chairperson Mrs. Monika Pendukeni. This visit marked a significant step towards establishing a formal partnership between the two institutions.

The delegation was received by the Campus Principal Mr. Joseph Ahomo, alongside key representatives from the Resource Mobilization and Alumni offices, Academic Heads of Department, and Course Coordinators. KMTCC, a seasoned authority in health training, expressed enthusiasm about the collaboration and committed to drafting a Memorandum of Understanding with Welwitchia University to formalize the engagement.

As a premier institution renowned globally for training human resource for health, KMTCC's established infrastructure and extensive experience provide a valuable foundation for Welwitchia University, which was established in 2013. This potential collaboration offers Welwitchia the opportunity to leverage KMTCC's resources to enhance its competitiveness and educational quality.

During the visit, the delegation toured various state-of-the-art facilities at the Campus. These included the skills laboratory, simulation laboratory, library, clinic, orthopaedic technology workshop, ophthalmology, radiography and imaging skills laboratories, and pharmacy laboratory. These visits provided the delegation with comprehensive insights



A section of the visitors during the visit in the ophthalmology laboratory.

into KMTCC's advanced training infrastructure and its unwavering commitment to maintaining high standards in health training.

The potential partnership with Welwitchia University aligns seamlessly with KMTCC's strategic goals of fostering international partnerships, enhancing training programs, and contributing to the global health workforce. By sharing expertise and resources, both institutions aim to elevate the quality of health training and research, ultimately improving healthcare outcomes in their respective countries and beyond.

# Kwale Campus Collaborates with County Government to Enhance Service Provision



From left to right Kwale Campus Principal Mr. Athuman Ngumba (left), Health CEC Dr. Francis Gwana (Signing a visitors book), Mr Dickson Mauta and SRC Chairperson Mr. Brian Omondi during a meeting at the Campus.

**K**MTC Kwale was honored to host the County Executive Committee Member for Health Service Dr. Francis Gwana,

on July 13, 2024. This significant visit marked a pivotal moment in strengthening the ties between the Campus and the County Government of Kwale.

Amidst fruitful discussions, the Campus articulated its aspiration to introduce a new nursing course by September 2024. Dr. Gwana, committed to facilitate this initiative by ensuring secondment of at least three additional staff members to support teaching and learning at the Campus.

To ensure transparency and community involvement, a task force of eight members was formed to oversee the implementation of the agreement made during the meeting.

The climax of the visit featured a courtesy call extended by KMTCC Kwale and Msambweni to the Governor. This gesture underscores their united effort in advocating for the collective interests and development priorities of the health-care education sector in Kwale County.

## RESEARCH AND CONSULTANCY

# KMTCC Advances Global Health Research: Insights from Recent Monkeypox Outbreak Highlight the Importance of Enhanced Public Health Infrastructure and Vigilant Disease Surveillance

(Source: World Health Organization reports and the Ministry of Health reviews)



**I**n alignment with KMTCC's research mandate and commitment to advancing healthcare, recent studies on the monkeypox (mpox) outbreak provide crucial insights, particularly for regions like Africa where the disease has escalated. As of July 2024, Africa reported over 14,000 cases and 456 deaths, with the Democratic Republic of Congo (DRC) being the hardest hit. The rise in cases, attributed to a new variant, underscores the importance of enhancing public health infrastructures an objective closely aligned with KMTCC's research goals.

The monkeypox virus is an orthopoxvirus that causes mpox (monkeypox), a disease with symptoms similar to small-

pox, although less severe. While smallpox was eradicated in 1980, mpox continues to occur in countries of central and west Africa. Since May 2022, cases have also been reported from countries without previously documented mpox transmission outside the African region.

Mpox is a zoonosis, a disease that is transmitted from animals to humans, with cases often found close to tropical rainforests where there are animals that carry the virus. Evidence of monkeypox virus infection has been found in animals including squirrels, Gambian pouched rats, dormice, different species of monkeys and others.

KMTC's Research Policy, which emphasizes the highest ethical standards, guides the College's efforts in building research capacity among staff, disseminating findings to stakeholders, and mobilizing resources. The current situa-

tion with monkeypox, especially its potential sexual transmission and the need for vigilant disease surveillance, highlights the urgency of these research initiatives. KMTC's strategy to establish Research and Scientific Committees across all campuses and to develop a robust Monitoring and Evaluation framework for research activities is critical in addressing such public health challenges.

The WHO's call for coordinated international efforts to manage the monkeypox outbreak aligns with KMTC's mission to contribute meaningfully to global health through research. The Colleges' Standard Operating Procedures (SOPs) on Research Policy, ensure that KMTC research activities are conducted with integrity and are geared towards impactful outcomes, such as improving disease surveillance and rapid response capabilities

## CAMPUS CORNER

### Kwale Campus Triumphs in Grassroots County First Aid Competition, Highlighting Excellence in Health Training



**K**wale Campus showcased their commitment to health training excellence by clinching first place in the Grassroots County First Aid Competition. Hosted by the Kenya Red Cross, the competition highlighted the Campus's outstanding skills and dedication to emergency response and first aid training. This achievement underscores the Colleges' ongoing efforts to excel in health education and community service.



### Bungoma Wins Top Award in Red Cross University Chapter Competition

**K**MTC Bungoma celebrated a remarkable achievement, winning the award for Best in the Red Cross University Chapter Competition. This victory propels them to the regional competition in Kitale.

From left to right: Bungoma Campus Principal Ms. Victoria Koi, Deputy Principal Academics Ms. Agnes Mulongo, Red Cross Bungoma branch Lead Ms. Margaret Wanyonyi and incharge of First Aid Bungoma branch Ms. Vida Nafula.



## Wajir Campus Honored for Exemplary Blood Donation Efforts

In a testament to the College's unwavering commitment to community health and well-being, Wajir Campus received a certificate of recognition from the Wajir County leadership for its outstanding contribution to blood donation initiatives. This recognition reflects KMTC's dedication to fostering a culture of supporting critical healthcare needs at the grassroots level, aligning with the goal to advance healthcare in all communities.



Wajir Campus students during a blood donation exercise.

## Maua and Meru Campuses Enhance Emergency Preparedness with Comprehensive Fire-Fighting Training



Maua campus students during the fire fighting drill.

In line with KMTC's commitment to ensuring the safety and well-being of its students and staff, the Maua and Meru Campuses recently conducted a fire-fighting training exercise. This initiative equipped participants with essential emergency response skills, including fire suppression techniques, adherence to safety protocols, and the effective use of firefighting equipment.

In addition, KMTC Maua proudly marked the arrival of a new bus, further enhancing the Campus' ability to serve the community and support its educational mission.



Maua Campus Principal Mr. Samwel Ndukanio celebrates with students after receiving a Bus from the Igembe South MP Hon. John Paul Mwirigi.

# KMTC Champions Healthcare Advancement and Professional Development at the 1<sup>st</sup> KCOA Western Regional Symposium



**KMTC Kakamega Campus Principal Dr. James Mailu during the Symposium.**

In alignment with KMTC's commitment to advancing healthcare and professional development, the College participated in the 1<sup>st</sup> Kenya Clinical Officers Association (KCOA) Western Regional Symposium. This event brought together clinical officers, KMTC Staff and students from Kakamega, Busia, Bungoma, and Vihiga counties to address the pressing issue of the non-communicable disease burden in Western Kenya and explore intervention strategies to achieve Universal Health Coverage (UHC).

KMTC's presentation highlighted the extensive career advancement opportunities available to clinical officers, with a particular focus on the programmes offered by the College. The presentation underscored KMTC's mandate and strategic objectives, emphasizing the institution's Key Result

Areas.

KMTC also showcased the critical role of clinical officers in combating non-communicable diseases and provided an overview of the Higher National Diploma and short courses available to enhance their skills and expertise. Additionally, participants were informed about scholarship opportunities, such as the Assistive Technology Program, as well as opportunities for collaboration, engagement, and alumni networking.

In line with KMTC's commitment to strengthening healthcare at the grassroots level, the symposium provided a valuable networking opportunity with county leadership.

## TRIBUTE

### In Loving Memory of Mary Auma Shikuku

With deep sorrow, the College mourns the sudden passing of Mary Auma Shikuku, a second-year student at Nyandarua Campus, who was pursuing a Certificate in Nutrition and Dietetics.

Mary tragically left us on July 10, 2024, while at her rural home in Lunganyiro Location, Nyapwaka Village, Mumias, Kakamega County.

Mary had just completed her Final Qualifying Examination on July 5, 2024, marking the culmination of her dedicated academic journey. Her loss is deeply felt by the entire KMTc community. We extend our heartfelt condolences to her family, friends, and classmates during this difficult time.



## SOCIAL RESPONSIBILITY IMPACT

### Campus Holds a Screening Campaign at Kako Special School



**A patient receiving treatment at the medical camp.**

Makueni Campus organized a health screening at Kako Special School in Makueni County as part of their Corporate Social Responsibility initiatives. Approximately 300 children benefited from this comprehensive screening process.

Prior to interacting with the children, specialists from Kako Special School conducted intensive training sessions for KMTc students. The aim was to ensure that the students could provide attentive and specialized care tailored to the needs of children with disabilities during the screening.

KMTc Makueni mobilized a team comprising health practitioners, doctors, and students from various departments including Clinical Medicine, Nursing, Health Promotion,

and Nutrition. Their objective was to extend medical outreach to as many children as possible. The screening encompassed thorough examinations, covering every aspect from head to toe, ensuring no health concern went unnoticed.

The inspiration for this initiative stemmed from an ongoing Olympics event at Kako Special School. KMTc Makueni recognized this as a valuable opportunity to apply their training and skills in a practical setting, offering essential medical services to disabled children in the community.

The event was a testament to the Campus' commitment to community service and outreach.



## Hiking Adventures: The Magic of Forest Bathing



**Dr. Jebichi Maswan**  
Senior Chief Principal Lecturer

“Adventure is the path that leads us closer to discovering our true purpose, unlocking our potential, and finding fulfillment in life.” – Unknown. Adventuring outdoors remind us that we are part of something bigger, that endless possibilities await us. Being outdoors brings a feeling of freedom, freedom to do and be who you choose to be. Hiking is the activity of taking long walks outdoors, in a natural environment. In Kenya most hiking trails are found in government forests.

My first hike was in 2019. I was bored and wondering what to do with my free time now that my nest had emptied. The indoor workouts that I used to enjoy were no longer effective in strengthening my muscles - age affects the way the body responds to exercise. My children who had climbed Mt. Kilimanjaro suggested hiking as a fun and reenergizing outdoor activity. My first trail was Tulaga for forest bathing. I was curious to find out what that was. It was a long enjoyable walk through a thick forest.

The concept of forest bathing started in Japan. It is a meditative and grounding interaction with nature usually achieved during hikes. The Japanese consider it a form of therapy that uses nature as a treatment for mental and spiritual issues. The forest is a healer. Forest bathing has been shown to decrease levels of stress hormones, improve the immune system, enhance wellness and happiness, and increase creative problem solving. If you are feeling stressed and there is no forest nearby, walk barefoot on grass or soil. This has also been shown to quiet the mind, improve energy and sleep. Most KMTC campuses have grassy compounds, take a walk during lunch break or after work.

Practical tips:

- Find a quiet path through nature
- Turn off your phone or leave it behind
- Walk slowly, use all your five senses to experience your environment



- Take long deep relaxing breaths as you smell the fragrance of the forest air
- Be mindful of forest details - touch the trees, feel the leaves and soil
- If you come across a water body, sit, deep your feet and feel the water
- Walk barefoot on grassy trails
- Bring your thoughts to the present moment

Look deep into nature, and then you will understand everything better. Albert Einstein!

*(The opinions expressed in this article are the writer's own and do not reflect the position of Kenya Medical Training College.)*  
*About the Author: Dr. Jebichi Maswan is a Senior Chief Principal Lecturer and Coordinator - Short Courses.*

## Did You Know?

The Kenya Universities and Colleges Central Placement Service (KUCCPS) has announced the placement results for successful students who applied for various programs at the Kenya Medical Training College (KMTc) for the **September 2024** intake.

KUCCPS has also urged applicants who were not placed to revise their course choices. The placement body has opened its portal for these students to change their applications.

“Log in to [students.kuccps.net](https://students.kuccps.net) and apply,” the statement read in part.

The portal was initially **opened** by KUCCPS on **June 21, 2024**, allowing prospective students to apply for the September intake at KMTc.

Interested applicants can access available courses, minimum requirements, and Campuses here: <https://kmtc.ac.ke/wp-content/uploads/2019/06/KMTc-September-2024-intake-Available-courses-as-at-July-2024.pdf>

For more information, call the KUCCPS contact center at **0205137400** or **0723954927**, or visit the KUCCPS website at [www.kuccps.ac.ke](http://www.kuccps.ac.ke). The Kenya Medical Training College offers two intakes annually, in March and September.





### KMTc SEPTEMBER 2024 INTAKE

#### AVAILABLE PROGRAMMES

1. Certificate in Community Health Assistant
2. Certificate in Health Records and Information Technology
3. Certificate in Medical Emergency Technician
4. Certificate in Medical Engineering
5. Certificate in Nutrition and Dietetics
6. Certificate in Orthopedic Trauma Medicine
7. Certificate in Public Health
8. Diploma in Community Health
9. Diploma in Health Counselling
10. Diploma in Health Promotion
11. Diploma in Health Records and Information Technology
12. Diploma in Medical Engineering
13. Diploma in Nutrition and Dietetics
14. Diploma in Physiotherapy
15. Diploma in Public Health

To view minimum requirements and apply, log in to the KUCCPS portal [students.kuccps.net](https://students.kuccps.net).



**KENYA MEDICAL  
TRAINING COLLEGE**  
*Training for Better Health*

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